Washing your hands for 20 seconds is a great way to get rid of germs!
March is also Music in Our Schools Month!

Use these song clips that last 20 seconds to help you know how long to wash your hands!

You've Got a Friend in Me
(Toy Story)

You've got a friend in me, you've got a friend in me!
When the road looks rough ahead
And you're miles and miles from your nice warm bed -
You just remember what your old pal said,
"You've got a friend in me, yeah, you've got a friend in me!"

Hakuna Matata
(Lion King)

Hakuna Matata - what a wonderful phrase!
Hakuna Matata - ain't no passing craze!
It means no worries, for the rest of your days.
It's our problem free philosophy:
Hakuna Matata!

Let it Go
(Frozen)

Let it go, let it go - can't hold it back anymore!
Let it go, let it go - turn away and slam the door.
I don't care what they're going to say.
Let the storm rage on -
the cold never bothered me anyway.

How Far I'll Go
(Moana)

See the line where the sky meets the sea? It calls me.
And no one knows how far it goes.
If the wind in my sail on the sea stays behind me -
One day I'll know. If I go there's just no telling how far I'll go!